

PDSA Case Study

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Date:

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The change that should be implemented in the acute care facility to ensure zero pressure injuries on patients in the next month is the adoption of two main management strategies to prevent pressure injuries, including skincare and redistribution of pressure among patients (Mervis & Phillips, 2019). Therefore, the health care practitioners in the acute care facility need to be trained in effective skincare routines that can help reduce pressure injuries on the patients. These strategies include; keeping the patient's skin dry and clean at all times, investigating any major incontinence, and avoiding the vigorous massaging and rubbing of patients' skin. Healthcare practitioners in the acute care facility will also need to adopt effective skincare routines such as using a PH appropriate skin cleanser on elderly patients, using water-based skin lotions and oils to maintain the patients' skin hydration, and using barrier creams to protect the patient skin (Mervis & Phillips, 2019). The Healthcare practitioners in the acute care facility also need to learn effective strategies to redistribute pressure in patients as well as to prevent pressure injuries. This will include the use of pressure relieving devices that match the patient's needs, consistent skin inspection, and the frequent redistribution of pressure by repositioning the patients safely (Mervis & Phillips, 2019).

The effective implementation of skincare and pressure redistribution strategies in the acute care facility will eventually reduce the cases of pressure injuries from the current 7 cases to 0. Patient satisfaction in the facility is also expected to increase with discharge time after reducing.

The managers in the acute care facility's different units will be charged with implementing the skincare and pressure redistribution strategy to reduce pressure injuries among patients. The managers will also have to train and educate healthcare practitioners in their units.

including registered nurses and nurse assistants, on how to adequately implement the suggested changes. The managers will also evaluate whether the introduced changes have been adopted and whether they are effective (Finkelman, 2020).

References

- Finkelman, A. (2020). *Quality Improvement: A Guide for Integration in Nursing* (2nd Ed.). Jones & Barlett.
- Mervis, J. S., & Phillips, T. J. (2019). Pressure Ulcers: Prevention and Management. *Journal of the American Academy of Dermatology*. doi:10.1016/j.jaad.2018.12.068